

February 19, 2026 – Women/Men GS on Hemingway into Greyhawk

7:30 – Coaches and Course Crew Load Lift

8:00 – Athletes Load Lift

8:10 – 8:40 – Women’s Inspection

8:15 – 8:45 – Men’s Inspection

8:55 – Forerunners

9:00 – Women’s Run 1 Start

Redress before Men

10:15 – Men’s Run 1 Start

*Reset Run 2 after Men’s Run 1

11:45 – 12:15 – Women’s Inspection

11:50 – 12:20 – Men’s Inspection

12:40 - Forerunners

12:45 – Women’s Run 2 Start

Redress before Men

1:45 – Men’s Run 2 Start

*Team Captain’s Meeting approx. 1 hour after the last racer at the SVSEF Training Center 2nd floor